



## **Registered Dietician**

### **POSITION QUALIFICATIONS FOR POTENTIAL CANDIDATES**

- Obtained a terminal degree in nutrition or dietetics with course work approved by the Academy of Nutrition and Dietetics' Accreditation Council for Education in Nutrition and Dietetics (ACEND)
- Completed an accredited, supervised clinical internship at a health care facility, community agency or foodservice corporation
- Passed a national examination administered by the Commission on Dietetic Registration
- Be in good standing as a registered dietitian in the state of North Carolina, South Carolina, or another state in which the practice is conducting business
- Complete ongoing continuing professional educational requirements to maintain registration
- Meet eligibility for employment through successful criminal and background checks

### **POSITION RESPONSIBILITIES**

- Assess patient health needs using nutritional counseling techniques
- Counsel patients on dietary risk factors and healthy eating habits
- Develop meal plans, taking both cost and client preferences into account
- Create recipes and grocery lists to accompany meal plans created for patients
- Evaluate the effects of meal plans and change the plans as needed
- Promote better nutrition by speaking to groups about diet, nutrition, and the relationship between good eating habits and preventing or managing specific diseases
- Knowledge of techniques and equipment for planting, growing, and harvesting food products (both plant and animal) for consumption, including storage/handling techniques
- Familiarity with supplementing dietary needs with vitamins and minerals
- Create requisitions for necessary labs for patients requesting or needing them
- Provide metabolic testing for patients

### **CANDIDATE MUST HAVE EXPERIENCING IN THE FOLLOWING**

- Entering, transcribing, recording, and maintaining patient information in written or electronic form
- Advise patients and their families on nutritional principles, dietary plans and diet modifications, supplementation of vitamins and minerals, and food selection and preparation
- Counsel individuals and groups on basic rules of good nutrition, healthy eating habits, and nutrition monitoring to improve their quality of life
- Provide healthy eating seminars to community members and small businesses on behalf of the company
- Interpreting lab values from patient's medical records
- Effectively collaborating care with other healthcare providers



### **CANDIDATE MUST HAVE THE ABILITY TO**

- Work as a team player
- Accept direction and adhere to policies and procedures of the company
- Use effective judgment and maintain confidentiality of patient information at all times
- Create a noise-free workspace within your home that complies with HIPAA regulations for the maintenance of protected health information
- Maintain a consistent high-speed internet connection

### **WORK ENVIRONMENT**

Typically, this job operates in a professional office environment. Until further notice, it will be conducted from a private home office at the candidate's place of residence. This role routinely uses standard office equipment such as computers, phones, and printers.

### **PHYSICAL DEMANDS**

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. While performing the duties of this job, the employee is regularly required to talk, write, type, and listen. The employee frequently is required to sit while using hands and arms. There is no heavy lifting required in this role.